

DONATE TO THE CAMPUS PANTRY!



PROTEINS

- ☐ Canned Meats (tuna, chicken, salmon)
- ☐ Canned Beans
- ☐ Dried Beans or Lentils
- ☐ Nuts
- ☐ Seeds
- ☐ Peanut Butter

GRAINS

- ☐ Cereal (12.5oz or larger)
- ☐ Rolled Oats/Oatmeal
- ☐ Rice
- ☐ Quinoa
- ☐ Bulgar
- ☐ Pasta
- ☐ Popcorn
- ☐ Crackers (single serve)
- ☐ Chips (single serve)

CANNED GOODS

- ☐ Soups/Stews
- ☐ Chili
- ☐ Pasta Sauce
- ☐ Fruit (peaches, oranges, mixed)
- ☐ Vegetables
- ☐ Tomatoes
- ☐ Tomato Sauce
- ☐ Ravioli/Spaghetti
- ☐ Sloppy Joe Sauce

OTHER

- ☐ Dried Spices and Herbs
- ☐ Hamburger Helper
- ☐ Dried Fruit and Raisins
- ☐ Granola
- ☐ Jelly
- ☐ Baking supplies (flour, sugar, jello)
- ☐ Coffee

In-Kind donations can be dropped off at the **Student Union Information Desk**
The Pantry also accepts **tax deductible, monetary donations** online at: <http://bit.ly/2wHuzie>

FIND US ONLINE: CAMPUSPANTRY.ARIZONA.EDU

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